



Adalimumab induced interstitial lung disease in a patient with pityriasis rubra pilaris

Adalimumab is a complete human monoclonal anti-tumour necrosis factor alpha (TNF- α) antibody that has been used successfully in the treatment of a number of debilitating autoimmune conditions, including psoriasis, rheumatoid arthritis, hidradenitis suppurativa, and inflammatory bowel disease³. However, anti-TNF- α therapy has been associated with a number of potential complications and adverse effects that can cause significant morbidity and mortality³. We present the case of a 67-year-old male with pityriasis rubra pilaris (PRP) who developed progressive dyspnoea and cough following a trial of adalimumab for PRP. CT chest demonstrated patchy ground glass changes associated with fibrosis. Bronchoscopy and bronchoalveolar lavage showed no evidence of infection or malignant cells. Despite withdrawal of adalimumab, the patient's interstitial lung disease progressed in a waxing and waning pattern over several months, necessitating admission to an intensive care unit. After extensive investigation, a diagnosis of adalimumab induced organizing pneumonia was made.

Adalimumab-induced interstitial lung disease is rare¹. Few cases have been reported in the literature, with the majority of these patients being treated for rheumatologic diseases^{2,3}. This case highlights the importance of considering the possibility of drug-induced lung disease in patients taking adalimumab.

References

References

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